

Lincoln County High School Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK One</b> 12-31-18 01/28/19 02/25/19 03/25/19 04/29/19	<b>CHOICE OF ONE:</b> Breaded Chicken Sandwich or Grilled Chicken Sandwich W/ Lettuce, Tomato, Pickle, Onion <u>Vegetables/Sides:</u> Garden Fresh Salad w/Dressing Corn Carrots w/Dip Triple Chocolate Cookie Fruit Choices Healthy Milk Choices No Line 3 on Monday	<b>CHOICE OF ONE:</b> HAMBURGERS/CHEESEBURGERS GRILLED CHEESE/ W CHEESE STICK <u>VEGETABLES/SIDES:</u> Lettuce, Tomato, Pickle, Onion, Baked Bean Curly Fries, Cole Slaw Fruit Choices Healthy Milk Choices  Line 3 – Tuna Salad Sandwich, Baked Potato, Salad	<b>CHOICE OF ONE:</b> Chicken Tenders Boneless Wings ( Plain or Spicy) <u>VEGETABLES/SIDES:</u> Mashed Potatoes/Gravy, Roll Green Beans, Glazed Carrots Fruit Choices Confetti Cookie Healthy Milk Choices  Line 3 – Salisbury Steak, Gravy, Mashed Potatoes, Green Beans, Glazed Carrots	<b>CHOICE OF ONE:</b> Pizza Choices Cheesy Bread/Marinara Cup <u>VEGETABLES/SIDES:</u> Corn, Garden Salad W/ Dressing Cucumbers & Tomato Cup Fruit Choices Healthy Milk Choices  Line 3 – Chicken Salad Sandwich, Corn, Garden Salad, Cucumber & Tomato Cup	<b>CHOICE OF ONE:</b> Fish on Bun Ham & Cheese Sliders <u>VEGETABLES/SIDES:</u> Mac-n-Cheese, Cole Slaw Seasoned Potato Wedges Raisins Fruit Choices Healthy Milk Choices  Line 3 – Yogurt Express (Yogurt, Muffin, Cheese Stick, Crackers, Celery W/ WOW Butter)
<b>WEEK TWO</b> 01/07/19 02/04/19 03/04/19 04/08/19 05/06/19	<b>CHOICE OF ONE:</b> Hotdog /w Bun Hamburger or Cheeseburger <u>Vegetables/Sides:</u> Lettuce, Tomato, Pickle, Onion Chili Sauce Baked Chips Shredded Cheese Carrots w/ Dip Fruit Choices Healthy Milk Choices No Line 3 on Monday	<b>CHOICE OF ONE:</b> TACO TUESDAY- (Taco Beef Filling or Chicken Fajita) Burritos <u>VEGETABLES/SIDES:</u> Refried Beans, Mexican Rice Lettuce, Tomato, Salsa, Sour Cream, Queso Cheese Sauce, Shredded Cheddar Cheese, Chips or Flour Tortilla, Slushie Fruit Choices, Healthy Milk Choices  Line 3 – Chicken Tenders, Gravy, Biscuit, Potato Cubes, Sliced Tomatoes	<b>CHOICE OF ONE:</b> Turkey Roast Chicken Breast <u>VEGETABLES/SIDES:</u> Gravy, Mashed Potatoes Green Beans, Roll Fruit Choices, Healthy Milk Choices  Line 3 – Ham & Cheese Sandwich, Lettuce, Tomato, Pickle, Onion, Potato Salad, Broccoli w/ Dip	<b>BREAKFAST DAY!</b> Eggs/Scrambled Biscuit & Gravy Sausage Patty, Hash Brown Sliced Tomatoes Rice Krispy Treat Fruit Choices, Healthy Milk Choices  Line 3 –Soup (Potato or Chicken Noodle) Cornbread muffin, Baked Potato, Chef Salad	<b>CHOICE OF ONE:</b> Turkey, Ham, Bacon & Cheese Sub Sandwich W/Lettuce, Tomato, Pickle  Ham & Cheese Sub W/ Lettuce, Tomato, Pickle, Onion <u>VEGETABLES/SIDES:</u> Garden Salad, Bake Beans Carrots w/ Dip , Baked Chips Fruit Choices, Healthy Milk Choices  Line 3 – Personal Pan Pizza, Corn, Garden Salad
<b>WEEK THREE</b> 01/14/19 02/11/19 03/11/19 04/15/19 05/13/19	<b>CHOICE OF ONE:</b> Chicken Tenders Boneless Wings ( Plain or Spicy) No Line 3 on Monday <u>VEGETABLES/SIDES:</u> Mashed Potatoes/Gravy Green Beans, Roll Glazed Carrots, Rice Krispy Treat Fruit Choices Healthy Milk Choices	<b>CHOICE OF ONE:</b> Spaghetti & Meat Sauce w/ Bosco Stick <u>VEGETABLES/SIDES:</u> Corn, Garden Salad, Cupcake Fruit Choices Healthy Milk Choices  Line 3 – Chicken Sandwich on Bun, Lettuce, Tomato, Onion, Pickle, Corn, Garden Salad	<b>CHOICE OF ONE:</b> Orange Chicken w/Roll General Tso Chicken w/ Roll <u>VEGETABLES/SIDES:</u> Glazed Carrots, Cooked Cabbage Roasted Broccoli Asian Brown Rice, Egg Roll Fruit Choices, Healthy Milk Choices Line 3 – Sloppy Joe on Bun, Baked Potato, Salad	<b>CHOICE OF ONE:</b> Pork Roast Chicken Breast <u>VEGETABLES/SIDES:</u> Gravy, Roll Mashed Potatoes Cheesy Broccoli Fruit Choices, Healthy Milk Choices Line 3 – Fish on Bun, Cheesy Broccoli, Mashed Potatoes	<b>CHOICE OF ONE:</b> Pork Chop w/ Roll Cheesy Bread/Marinara Cup <u>VEGETABLES/SIDES:</u> Corn, Baked Potato Cucumbers & Tomatoes Healthy Milk Choices Line 3 – Hamburger/Cheeseburger, Lettuce, Tomato, Pickle, Onion Baked Beans, Cucumber & Tomato Cup
<b>WEEK FOUR</b> 01/21/19 02/18/19 03/18/19 04/22/19 05/20/19	<b>CHOICE OF ONE:</b> HAMBURGERS/CHEESEBURGERS GRILLED CHEESE/ W CHEESE STICK No Line 3 on Monday <u>VEGETABLES/SIDES:</u> Lettuce, Tomato, Pickle, Onion Baked Bean Curly Fries Fruit Choices Healthy Milk Choices	<b>CHOICE OF ONE:</b> TACO TUESDAY- (Taco Beef Filling or Chicken Fajita) Quesadilla <u>VEGETABLES/SIDES:</u> Refried Beans, Mexican Rice Lettuce, Tomato, Salsa, Sour Cream, Queso Cheese, Shredded Cheddar Cheese, Chips or Flour Tortilla, Slushie Fruit Choices, Healthy Milk Choices  Line 3 – Personal Pan Pizza, Corn, Garden Saladp	<b>BREAKFAST DAY!</b> Eggs/Scrambled Biscuit & Gravy Sausage Patty Hash Brown Sliced Tomatoes Fruit Choices Healthy Milk Choices Line 3 - Soup ( Rotate between Chili w/ Crackers OR Chicken Noodle w/ Corn Bread Muffin) – Baked Potato, Chef Salad	<b>CHOICE OF ONE:</b> BBQ Sandwich Chicken Tenders <u>VEGETABLES/SIDES:</u> Mac-n-Cheese, Baked Beans, Cookie Fruit Choices, Healthy Milk Choices  Line 3 – Hot Dog on Bun, Chili, Shredded Cheese, Macaroni & Cheese, Baked Beans,	<b>CHOICE OF ONE:</b> Oven Fried Chicken /w Roll  <u>VEGETABLES/SIDES:</u> Mashed Potatoes, Gravy Cheesy Broccoli Fruit Choices, Healthy Milk Choices  Line 3 – Hot Ham & Cheese, Baked Chips, Carrots & Broccoli w/Dip
Fruits	Apple Sauce Frozen Berries Grape Juice	Grapes Apple Slices Orange Pineapple Juice	Strawberries Banana Peaches Dragon Juice	Whole Apple Orange Slices Wango Mango Juice	Fresh Pineapple Pears Apple Juice